Platte Valley Medical Center
2020 Mental Health Trainings

Mental Health First Aid *all classes are cost-covered*

Learn how to recognize signs and symptoms of the most common mental health disorders, increase your mental health literacy, and provide support to your family, friends and coworkers. Sign up for this 8-hr training and join the over 2 million Americans certified as Mental Health First Aiders.

Upcoming Training Dates:

Apr 20 – Adult  
Register here

Sep 29 – Adult  
Register here

Nov 16 – Adult  
Register here

**For more information, contact:**
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