**Identifying Stroke Warning Signs**

**B** BALANCE | Is there a sudden loss of balance? Ask the person to stand, but be careful not to let them fall.

**E** EYES | Has there been loss of vision in one or both eyes? Ask the person to tell you something they see in the space around them.

**F** FACE | Ask the person to smile. Does one side of the face droop or is it numb?

**A** ARMS | Ask the person to raise both arms. Is one arm weak or numb? Does one arm drift downward?

**S** SPEECH | Ask the person to repeat a simple sentence, like “the sky is blue.” Is the sentence repeated correctly? Is the speech slurred or are they unable to speak, or difficult to understand?

**T** TIME | BE FAST! If the person shows any of these symptoms, even if the symptoms go away, call 911 and get to the hospital fast.

**Additional Warning Sign of Stroke**

**Headache** – Sudden onset of severe headache with no known cause. Note the time when any symptoms first appear. Noting the time helps healthcare providers determine the best course of treatment for stroke victims.

**Know the signs. Seconds Matter.**

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