Good Samaritan Medical Center
2020 Mental Health Trainings

Mental Health First Aid *all classes are cost-covered*

Learn how to recognize signs and symptoms of the most common mental health disorders, increase your mental health literacy, and provide support to your family, friends and coworkers. Sign up for this 8-hr training and join the over 2 million Americans certified as Mental Health First Aiders.

**Upcoming Training Dates:**

Mar 17 – Adult  
[Register here](#)

May 15 – Adult  
[Register here](#)

**For more information, contact:**  
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